
	<b>Florida State University Police Department</b>	
<b>Physical Ability Testing</b>		
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**Policy - Physical Ability Testing**

It is the policy of the Department to ensure that its officers are physically capable of performing the duties and responsibilities of the Florida State University Police Department as set forth in the job description for the position of law enforcement officer and applicants for the same position.

**Procedures**

**A. Requirements**

1. As a condition of employment of the Florida State University Police Department as sworn law enforcement officer(s) will participate and successfully complete an annual Physical Ability Test (P.A.T.) if the employee was hired after January 1, 2009.
2. Applicants for a sworn law enforcement position must pass the Physical Ability Test as part of the hiring process.
3. The Lieutenant of Support Services and the Lieutenant of Training will be responsible for conducting the Physical Ability Test and documenting the time. The results will be filed with the Training Section.
4. The P.A.T. is designed to assess the physical attributes which reflect the skills and abilities essential to common tasks performed by law enforcement officers.
5. The P.A.T. standards are based upon those utilized by FDLE and reflect the fifteen (15) physical attributes identified as essential job functions and job related skills, ranging from finger dexterity to muscular endurance. The elements of the Physical Ability Test include:
  - a. Exiting vehicle, open trunk and remove flashlight
  - b. Two hundred and twenty (220) yard run
  - c. Obstacle course
  - d. Drag a dummy one hundred feet (100')
  - e. Obstacle course (repeat)
  - f. Two hundred and twenty (220) yard run (repeat)
  - g. Dry fire weapon
  - h. Place items in trunk, secure trunk and enter vehicle.

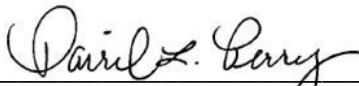
6. The P.A.T. test will be done each calendar year with the date(s) and time(s) to be determined by the Lieutenant of Support Services and the Lieutenant of Training.
7. The "Pass" time is six minutes and four seconds (06:04) or less and the "Fail" time is any time over six minutes and four seconds (06:04).
8. All employees hired after January 1, 2009, who fail to meet the "Pass" time will be retested in three (3) months from the date of the failed fitness test.
9. Employees who fail the PAT retest will receive disciplinary action for Unsatisfactory Work Performance Including Continuing Inefficiency, Inability to Perform Assigned Duties and/or Substandard Performance of Assigned duties.
10. Employees who continue to fail the PAT will be retested every three months until they pass the PAT or are dismissed from their position for Unsatisfactory Work Performance Including Continuing Inefficiency, Inability to Perform Assigned Duties and/or Substandard Performance of Assigned duties through progressive discipline.

**Glossary:**

**Physical Ability Testing** – This test consists of a standardized obstacle course which was created and recommended by the FDLE Criminal Justice and Standards Training Commission for Police Officers. Components of the test were designed to simulate actual tasks and essential knowledge, skills, and abilities required of the job and are conducted in a continuous flow manner that is time-dependent in order to determine the participant's level of physical condition and aerobic capacity while simulating the physical aspects of the job.

**Indexing:**

Physical Abilities Testing

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